

## Ground Rules



## Parenting Support Group

These ground rules were devised by the parents at the start of the group. If you would like to make any additions or amendments please speak to a member of the team.

- No swearing
- Racist, sexist or otherwise disrespectful language and/or behaviour will not be tolerated
- No inappropriate talk about drugs or drug taking
- All parents have different parenting styles: these differences must be respected
- No threats or physical violence
- If you have an issue with another client please discuss this with a team member first.
- No aggressive or confrontational behaviour.

**Hackney Star Bright  
Parenting Support Group**  
Comet Children's Centre  
21 Halcomb Street  
London N1 5RF



Welcome to Hackney Star Bright,

Hackney Star Bright is a community based parenting support group provided by Hackney DAAT and the Comet Children's Centre. It provides access to specialist group work and parenting support, especially where this forms part of a Child Protection or Child in Need Plan.

Sessions take place weekly at the Comet Children's Centre with a differing theme for each week. The rolling programme includes; child health and well being, learning through play and women's group work. The women's group work sessions are facilitated by Hackney Drug Services and a crèche is provided in an adjoining room.

Please take into account the philosophy of Hackney Star Bright:

- All families have strengths
- All families are unique
- There are many different parenting styles
- Change comes about through positive regard and tolerance not through confrontation



**The sessions take place at the Comet Children's Centre every Thursday from 1pm until 3pm except during holiday breaks (2 weeks in summer and 2 weeks at Christmas). Any one arriving after 1.15pm will not be admitted to the session.**

At Hackney Star Bright we have several senior members; 'Star Buddies'. These are mothers who have previously completed the 6 month programme and now attend voluntarily. They have received training in supporting others in a group setting.

Drug testing is offered at each session and the results of these tests will be forwarded to your allocated Social Worker if you have one.

Each parent is asked to complete a written contract at their first session and a copy will be kept in your records. We have a complaints procedure which will be explained to you and we ask you to provide a brief evaluation at the end of each session to help us ensure we are delivering sessions which are of value to you.

Referral is for a period of 6 months and your attendance will be reported to your allocated Social Worker if you have one.

- If you are unable to attend please give 24 hours notice by calling the Hackney Star Bright Team on **0208 510 7805** wherever possible. If you are unable to attend at the last minute please ring the Comet Children's Centre on **0207 749 9850**.
- A certificate of achievement will be issued to those who successfully complete the 6 month programme and you will be supported to create a Future Family plan.
- If you would like any more information about the group please contact the Group Coordinator on **0208 510 7805**.

We look forward to seeing you soon  
**The Hackney Star Bright Team**

